



**JAPAN
MOUNTAIN BIKE
CUP**
SHIZUOKA, JAPAN

Date	ME	MU	WE	WU	MJ	WJ	Time	Descriptions
October 28 (Friday)							09:00-11:10	On-foot Course Inspection for Riders
							09:30-12:00	License Control(All Categories)
							11:30-13:00	Official Course Training for Women
							13:00-14:30	Official Course Training for Men
							14:30-16:00	Official Course Training for All
							16:15	Team Manager's Meeting(All Categories)
October 29 (Saturday)							08:30-09:30	Warm-up for Men Junior/Women Junior
							10:00	Cross Country Olympic / Women Junior
							11:45	Cross Country Olympic / Men Junior
							13:15	Awards Ceremony Women Junior , Men Junior
							13:30-15:00	Official Course Training for Women
							15:00-16:30	Official Course Training for Men
							16:45	Team Manager's Meeting (Men & Women Elite and U23)
October 30 (Sunday)							08:30-09:30	Warm-up for Men Elite / Women Elite / Men U23 / Women U23
							10:00	Cross Country Olympic / Women Elite
							10:05	Cross Country Olympic / Women U23
							11:50	Awards Ceremony Women Elite and U23
							13:15	Cross Country Olympic / Men Elite
							13:20	Cross Country Olympic / Men U23
							15:05	Awards Ceremony Men Elite & Men U23