

SURUGA bank Presents Japan Mountain Bike Cup 2026  
Fun Ride Event Special Rules

The Japan Mountain Bike Cup Fun Ride Event (SURUGA bank 90-Minute Endurance Race (Cross Country) and SURUGA bank Kids Challenge) will be conducted in accordance with the following Special Rules.

1. Competition

(1) Eligibility

A. SURUGA bank 90-Minute Endurance Race (Cross Country)

Participants must meet all of the following qualifications:

- Ages 13 and over
- Participation is limited to registered and temporary registrants of the Japan Cycling Federation (JCF).

B. SURUGA bank Kids Challenge

Born between January 1, 2014 and April 1, 2019

Any participant who falsifies any of the above information and participates in the race fraudulently will be disqualified. Furthermore, if discovered after the awards ceremony, all awards will be revoked and requested to be returned.

(2) Restrictions on Personal Items

- The following items are prohibited:
  - Glass containers
  - Any other items not necessary for the race

(3) Carrying and replenishing food and drink

Competitors may consume food and drink brought with them during the race, however, the use of alcohol, stimulants, or any prohibited substances is strictly forbidden.

(4) Equipment

If a bicycle breaks down on the course, the rider may repair it and continue the race. Competitors may also borrow and lend pumps, tire tubes, and tools.

Only bicycles that have undergone safety inspections and vehicle maintenance prior to the race may be used in the race. Bicycles that do not meet the performance requirements for racing or that do not comply with the vehicle regulations may not be used in the race.

(5) Helmets

Competitors must wear a helmet approved by the Japan Cycling Federation(JCF) or that meets the following standards.

- SG Standards
- CE EN1078 Standards
- CPSC Standards
- ASTM Standards
- WG11 Standards
- GS Standards

#### (6) Helmet, Clothing, and Number Regulations

- Competitors must wear a body number and a handlebar number during the competition.
- Cycling shoes or sports shoes appropriate for the competition must be used, along with protective cycling wear (or sports wear appropriate for the competition) and gloves.
- Competitors concerned about injury in a fall are recommended to wear protective gear.

#### (7) Continuing the Competition

Competitors who dismount for any reason may continue the competition by carrying or pushing their bicycle without assistance.

#### (8) Discontinuing the Competition

- If a competition official or doctor orders a discontinuation of the competition during the competition, the competitor must follow the instructions and discontinue the competition immediately.
- If race officials determine that the race cannot continue due to a sudden change in weather or a serious accident, the race will be called off. If a decision to call off the race is made during the race, the ranking will be determined based on the number of laps completed by the leader at that time.

#### (9) Trouble During the Race

Any rider who sees a course marshal waving a yellow flag must immediately slow down.

#### (10) Judging

Appeals regarding finishing order will not be accepted.

#### (11) Course Practice Run

A practice run of the course must be conducted before the race.

## 2. SURUGA bank 90-Minute Endurance Race (Cross Country) Competition Rules

### (1) Assemble

- Assemble at the designated location 10 minutes before the start of the race.
- The starting order will be on a first-come, first-served basis.
- The riders' meeting will be held at the starting point.

### (2) Start

All riders in each category will start simultaneously from the starting line.

### (3) Finishing Order Determination

The race ends when a rider crosses the finish line for the first time after the allotted time has elapsed. Ranking is determined by the number of laps completed.

### (4) Race Rules

- Team timing chips must be worn around the ankle when starting the race.
- Be extremely careful to avoid collisions in the pit area.
- Cheering and spectating must remain within the waiting area.
- Rider substitutions must be performed within the waiting area.
- When changing lanes in the pit area, ensure safety behind you.
- Rider substitutions are not permitted outside the rider substitution area.
- Third parties are not permitted to hand over team timing chips on the course or pit road. Riders must stop within the pit area and hand them directly to the next rider. Teams that repeatedly violate rules and ignore warnings from race officials will be penalized.
- A rider may complete multiple consecutive laps.
- Teammates may share bicycles.
- The pit lane entrance will close five minutes before the end of the scheduled time. Any rider who enters the pit lane before closing may make a rider change.
- Once the scheduled time has elapsed since the start, a new lap may not be started. The Chief Race Referee may determine the end time based on the race situation.
- If a rider encounters a problem and wishes to take a shortcut, he or she must notify the nearest course marshal or race official. With permission, the rider may return to the pit after incurring a penalty of one lap (-1 lap).

### (5) Pit Area

- Food and drink are permitted in the pit area, but alcohol, stimulants, and other drugs are prohibited.
- The pit lane entrance will close five minutes before the end of the scheduled time.

### (6) Vehicles

#### A. Vehicles

- Only mountain bikes are permitted in the race. E-mountain bikes (electrically assisted mountain bikes) are not permitted.
- Freewheeling bicycles must be equipped with two working brakes.
- Handlebars and stems must be designed to be safe, with their ends securely capped.
- Bicycles must be suitable for racing and must be adequately maintained in advance.

#### B. Mountain Bike Handlebar Shape

Only flat handlebars are permitted for participating vehicles in this race. Drop handlebars, bullhorn handlebars, etc. are not permitted.

### 3. SURUGA bank Kids Challenge Competition Rules

#### (1) Assemble

- Assemble at the designated location 10 minutes prior to the start of the race.
- Riders will line up at the starting line in order of their body numbers.
- The riders' meeting will be held at the starting line.

#### (2) Start

All categories will start at the same time from the starting line.

#### (3) Determination of Finishing Order

The race will be completed by completing multiple laps of the designated course, and will end when the first competitor crosses the finish line. Ranking will be determined by the number of laps completed and the finishing order.

#### (4) Pit Area

Food and drink may be consumed in the pit area, but alcohol, stimulants, and other drugs are prohibited.

The pit road entrance will close five minutes before the end of the allotted time.

#### (5) Vehicles

##### A. Vehicles

- Only mountain bikes are permitted in the race. E-mountain bikes (electrically assisted mountain bikes) are not permitted.
- Freewheeling bicycles with two working brakes are required.
- Handlebars and stems must be non-hazardous, with their ends securely capped or otherwise secured.
- Bicycles must be suitable for racing and must be fully maintained in advance.

##### B. Mountain Bike Handlebar Shape

Only flat handlebars are permitted for participating vehicles in this event. Drop handlebars, bullhorn handlebars, etc. are not permitted.